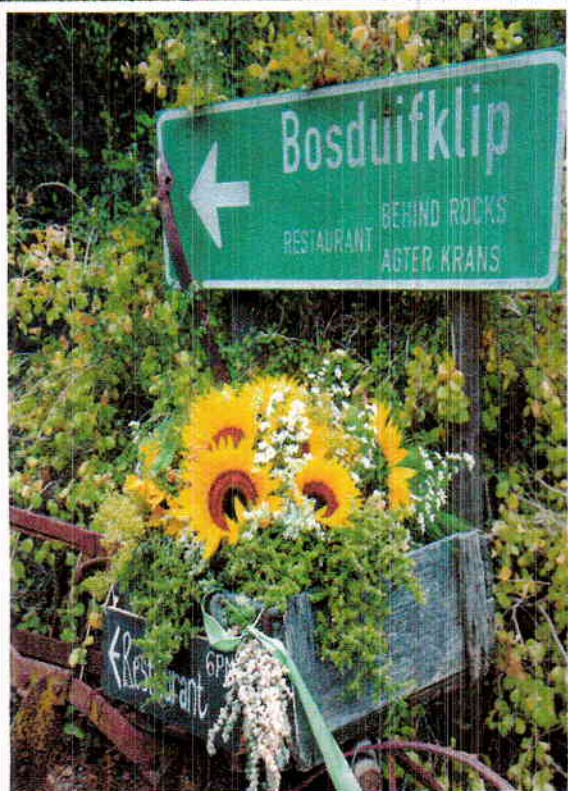


Dine in a Rugged Rock Overhang – near Lambert's Bay

Not quite a cave and not quite not, Bosduifklip – just 4km from Lambert's Bay – is in a world of its own. Follow a winding, rock-strewn path to a wide ledge with a rugged overhang that is the venue of Bosduifklip. Here there are no pictures on the walls and no restaurant furniture. Rock formations are art and seating is casual and open air – or under roof depending on the weather.

This atmospheric dining venue has been serving classic West Coast food since 1991. Snoek, angel fish, mussels, crayfish, waterblommetjie bredie, spit braais – depending on season – are among what's on offer, but not every day. The restaurant opens when there are 16 adults to cook for, because the menu is rather extensive. So phone ahead to enquire and book.

027 432 2735, www.bosduifklip.co.za



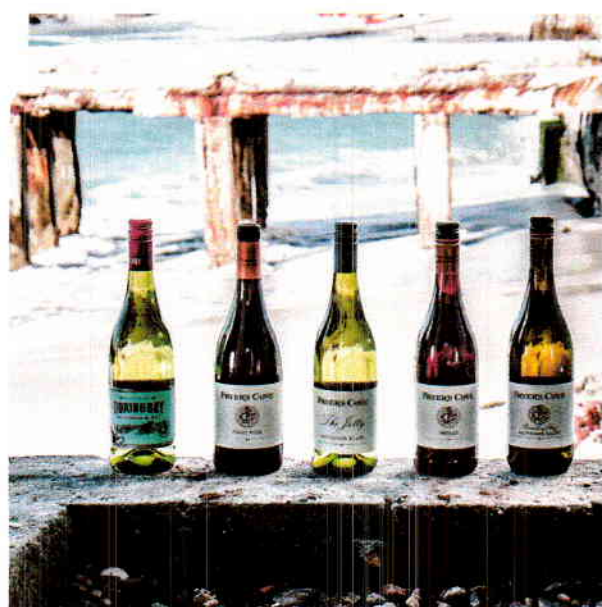
ABOVE: Bosduifklip rock restaurant near Lambert's Bay. RIGHT: Great local wines from Fryer's Cove against a backdrop of Doringbaai. BELOW LEFT: Don't miss the unique rock restaurant. BELOW RIGHT: Wine tasting at Fryer's Cove harbour cellar.

Taste Wine at the Atlantic's Edge – Doringbaai

The first grapevines at Fryer's Cove were planted in 1999, less than a kilometre from the Atlantic Ocean, making them the vines closest to an ocean in South Africa. As a result the wine has a distinct and delicious hint of saltiness that's fresh and unique – also because the vines lie in the salty fog belt of the West Coast.

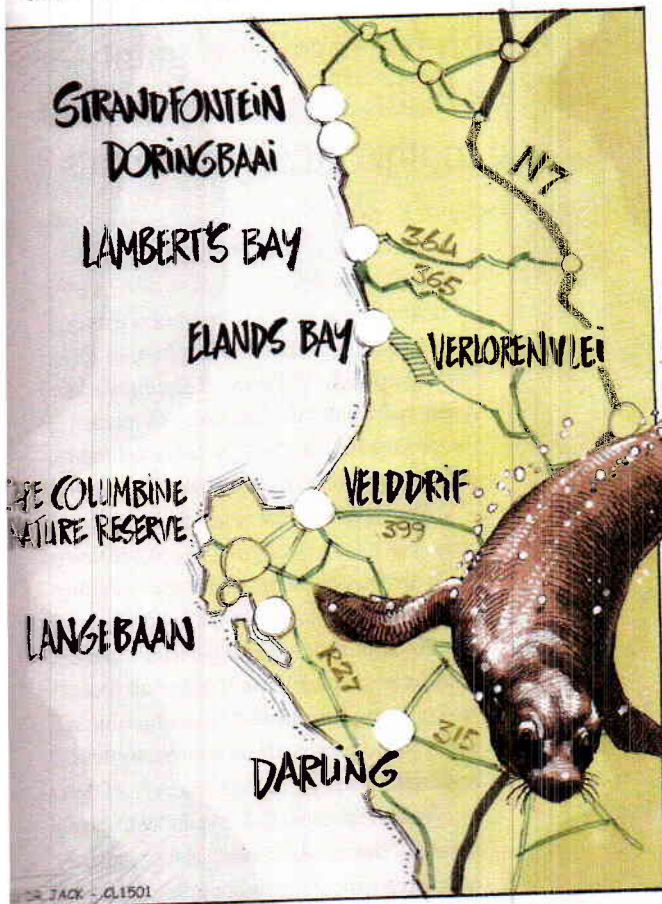
The wine-tasting venue is just as unique, on the rustic harbour at Doringbaai. Any closer to the Atlantic and you'd need a boat. Even the Fryer's Cove cellar has a closed-pipe freshwater system cooled by the Atlantic. Fryer's Cove wines have garnered plenty of awards, are made with passion and are still labelled by hand. Tastings are available six days a week and wine lovers will be enthralled by the unique taste of the Sauvignon Blanc and Pinot Noir. There's also a Shiraz and a new Doring Bay Sauvignon Blanc from vineyards more inland.

027 215 1092, www.fryerscove.co.za





ABOVE: Whale info at the Wandering Whale labyrinth. RIGHT: It's a labyrinth with some of the best sea views in the world.



Walk a Labyrinth and Watch Whales – Strandfontein

Along a jagged stretch of coastline with sandstone cliffs is Strandfontein. And there's a pretty well-kept secret there. High on a cliff overlooking the Atlantic is The Wandering Whale labyrinth, strewn with blue mussel shells that crunch under your feet.

Strandfontein resident Suzanne du Plessis built the labyrinth for anyone to enjoy and already thousands have. Many have also experienced the labyrinth's secret – if you look out to sea as you walk, you may just see a whale. This is southern right territory in winter and humpback territory all year, and many walkers have been surprised by seeing the frolicking whales right before them. Hence the labyrinth's name.

027 215 1695 ■